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One of the positive aspects of a crisis is that it indicates the need for change and our era is saturated with crises. In the midst of so many crises, the need for individual consciousness is becoming stronger and stronger because the more or less massive systems are failing. But it happens that we are individuals, that each one thinks differently and expects someone to solve his crises. Well, in Initiation we are also in crisis. We want our methods of development of consciousness to be solved on the basis of acquiring Higher Grades, driven by the system of production and consumption, even though our attempt has the common basis of benefiting ourselves by raising the consciousness of others. That is, we are trapped by our own methods.

How is consciousness produced? Let's say by the equal accumulation of experiences of our physical body, which implies a certain dose of moral conscience, plus reasonings that, as a whole, have repercussions in our spiritual conscience and make the decision, I mean, in the case that our conscience is centered in a healthy body. So, the first thing is to have a healthy body integrally. This is our system; consciousness needs to develop from a healthy body. Otherwise, we will only develop consciousness unilaterally, which can be counterproductive.

Health and consciousness, that is our motto. From this we obtain results that are proper for an Initiate. Giving and receiving, sharing, a consciousness acting in a group of individuals. And that requires more than good wishes. It requires a RedGFU, as we call our Great Universal Fraternity, an Institution founded by Initiates, which requires preparation time, first in an institution open to the general public where the main objective is health, through nutrition, exercise, good habits and purposes of serving other Human Beings to help oneself.

After a period of time, which can last the rest of a lifetime or a few days, comes the preparation for the Initiation into Reality and the Grades of Consciousness appear. Here we enter into the **relativity of the Grades**. It depends on the one who recognizes them and the intentions he/she has in recognizing them. When it is a question of a small group of Real Initiates dedicated to a specifically delimited mission, it is easy, but when it is a question of forming a group dedicated to work with all kinds of Human Beings, it is very complicated, as is our case. In addition, the motto of maximum profit with the least effort, and of producing to consume, prevails in our circles. This has been reflected in the obtaining of higher and higher Grades, starting with the highest. However, as the requirements of a New Initiation for the so-called New Age are being objectively reflected, the needs that a Real Initiate must attend to are being seen, the possibilities of it being a massive movement for the obtaining of Degrees are being reduced.

Of course, the First Disciple of Master de la Ferriere took this into account and recommended that the foundations of a Great Universal Fraternity be established first, clarifying in passing what the universal consisted of - the Fraternities that were already established - and the role of the new Initiates in the formation of Disciples in the Real and in the Sacred, but he did not have enough time to prevent some of his disciples from taking the easy path that consists in giving away the degrees to give themselves prestige.

However, the process of the New Age itself is marking its guidelines to follow. In the first place, it is not a matter of affirming the individual, as in Aries, with his I Am; or of giving him faith, as in Pisces, so that he will have a course to follow, but of Knowing, characteristic of Aquarius. So there is a tendency to Knowing very much characterized now, which needs to be channeled correctly, because the tendency itself makes the individual self-sufficient and isolates him from the knowledge that Humanity is traditionally achieving.

Here is where the figure of the Traditional Teacher reappears, as an example of what he teaches, not simply that of the preceptor who preaches without committing himself, and to which we are badly accustomed by the religious stage of Pisces. We need teachers trained on the basis of experiences lived in the flesh, people who know the scope of what they teach and who are willing to support it without becoming corrupt. A true apostolate, in the good sense of the word. At the end of the day, the first beneficiary is the Master himself, since his Mastery reverts to him and makes him exemplary, a trustworthy individual.

Thus, there is a long road to follow to form these Masters and it is there where the Initiation in Reality is indispensable, as a previous stage for the Initiation in the Sacred.

First it is necessary to found a Universal Fraternity, without euphemisms or sentimental reasons that may deviate the true intentions of its candidates, and to make everyone participate by sharing experience based on health supported by the consciousness, which is enough for many without greater scope, on universal bases. Then it is necessary to observe very attentively those who do need something more in order to select them by means of Yamin Groups, of aspirants to Wisdom, allowing them to become enthusiastic about esotericism and other fragments of true Knowledge until they see what their limits are. Once these are known, if it is convenient, they should be left in the Universal Fraternity, enjoying the company of truly wise men, for when they are ready to attempt the Mastery.

Those who show need with their attainments should be elevated to the Middle Gegnián Groups where they will have more means of knowledge and disciplines with which they will be satisfied. A few will be passed on to the Gegnián where the preparation for the First Degree of Real Initiation begins, in Reality, where the contrasts will allow them an experimental handling of Reality where they can begin to test their Mastery for as long as necessary. That is why it has been said that **all Humanity** has to attain its Initiation into the Reality of the First Degree in the New Age.

Those who pass this initial stage will be admitted to the second grade, that of Gag Pa, where they are expected to perform acts more in accordance with the Mastery and will be the Gelong themselves, the third grade, who will propose them to be promoted, after the acceptance of the Gurus and the approval of the Sat Chellah. That of the Gurus and Sat Chellah themselves will only be agreed upon by the Sat Arhat, in conclave, with the approval of the entire Hierarchy and the heterogeneous elements that are being formed within the system with the tendency to decide which in their understanding should have higher Degrees.

As can be seen, there is a long way to go and it is convenient to provide guidelines for obtaining Degrees.

Sat Arhat José Marcelli

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www.redgfu.net/jmn

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Translation by: Marcos Paulo González Otero

email: gmarcosp@gmail.com

www.otero.pw

WhatsApp/Telegram: +52 686 119 4097

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